

WEEK ONE

Day	Breakfast	Lunch	Dessert	Tea	Snacks
MONDAY	Toast, Cereal & Fruit Juice	Tuna pasta & Garlic bread	Bananas & custard	Ham & chicken sandwiches & Buns	Apples & orange
TUESDAY	Toast, Cereal & Fruit Juice	Chicken casserole & veg & Yorkshire puddings	Treacle sponge & custard	Spaghetti on toast & cake	Cherry tomatoes & banana
WEDNESDAY	Toast, Cereal & Fruit Juice	Cheesy bean pie	Chocolate whip	Crumpets & Jelly	Raisins & cheese
THURSDAY	Toast, Cereal & Fruit Juice	Corn beef hash & carrots & broccoli	Rice pudding	Pizza & Yoghurt	Cucumber & carrot sticks
FRIDAY	Toast, Cereal & Fruit Juice	Chilli & Rice	Chocolate crispie bun	Ham & cheese wraps & Choc ice	Grapes & pear

WEEK TWO

<i>Day</i>	<i>Breakfast</i>	<i>Lunch</i>	<i>Dessert</i>	<i>Tea</i>	<i>Snacks</i>
MONDAY	Toast, Cereal & Fruit Juice	Sausage, mash & peas	Fruit & Ice cream	Ravioli & swiss roll	Grapes & pear
TUESDAY	Toast, Cereal & Fruit Juice	Tomato Pasta & garlic bread	Rice pudding	Sardine & chicken Sandwiches & Yoghurts	Apples & orange
WEDNESDAY	Toast, Cereal & Fruit Juice	Roast chicken, potatoes, broccoli & carrots	Apple crumble & Custard	Hot dogs & jelly	Cherry tomatoes & banana
THURSDAY	Toast, Cereal & Fruit Juice	Cottage pie & vegetables	Fruit flan	Sausage & cheese rolls & angel delight	Raisins & cheese
FRIDAY	Toast, Cereal & Fruit Juice	Fish fingers, chips & beans	Orange sponge & custard	Spaghetti on toast & Buns	Cucumber & carrot sticks

WEEK THREE

<i>Day</i>	<i>Breakfast</i>	<i>Lunch</i>	<i>Dessert</i>	<i>Tea</i>	<i>Snacks</i>
MONDAY	Toast, Cereal & Fruit Juice	Fish cakes, mash, peas & parsley sauce	Instant whip	Crumpets & yoghurts	Fruit Cucumber & carrot sticks
TUESDAY	Toast, Cereal & Fruit Juice	Shepherd pie & carrots & broccoli	Orange cheesecake	Beans on toast & cookies	Grapes & pear
WEDNESDAY	Toast, Cereal & Fruit Juice	Tempting swirl pasta & garlic bread	Apple Crumble & Custard	Ham & cheese sandwiches & jelly	Apples & orange
THURSDAY	Toast, Cereal & Fruit Juice	Chicken curry & rice & pittas	Ice cream roll	Pizza & ginger biscuits	Cherry tomatoes & banana
FRIDAY	Toast, Cereal & Fruit Juice	Cow boy pie & peas and sweetcorn	Chocolate sponge & custard	Cheese & ham stuffed pitas & yoghurts	Raisins & cheese

WEEK FOUR

<i>Day</i>	<i>Breakfast</i>	<i>Lunch</i>	<i>Dessert</i>	<i>Tea</i>	<i>Snacks</i>
MONDAY	Toast, Cereal & Fruit Juice	Minced beef Pie & carrots & broccoli	Rice Pudding & Jam	Spaghetti & toast & Buns	Raisins & cheese
TUESDAY	Toast, Cereal & Fruit Juice	Cheesy pin wheels and beans	Chocolate Sponge & Custard	Cheese & ham stuffed pittas & choc ices	Fruit Cucumber & carrot sticks
WEDNESDAY	Toast, Cereal & Fruit Juice	Salmon fish pie & peas & sweetcorn	Fruit Salad	Sausage rolls & yoghurts	Grapes & pear
THURSDAY	Toast, Cereal & Fruit Juice	Pasta bake & garlic bread	Ginger sponge & custard	Sardine & chicken sandwiches & jelly	Apples & orange
FRIDAY	Toast, Cereal & Fruit Juice	Chicken casserole & Mash	Flapjack	Hot dogs & Butterfly Buns	Cherry tomatoes & banana

WEEK FIVE

<i>Day</i>	<i>Breakfast</i>	<i>Lunch</i>	<i>Dessert</i>	<i>Tea</i>	<i>Snacks</i>
MONDAY	Toast, Cereal & Fruit Juice	Chicken pie & carrots & broccoli	Banana flan & Custard	Hot dogs & swiss roll	Cherry tomatoes & banana
TUESDAY	Toast, Cereal & Fruit Juice	Salmon fish pie & peas & sweetcorn	Ice cream roll	Pizza & Muffins	Fruit Cucumber & carrot sticks
WEDNESDAY	Toast, Cereal & Fruit Juice	Toad in the hole & carrots & cauliflower	Treacle sponge & custard	Beans on toast & crispie buns	Grapes & pear
THURSDAY	Toast, Cereal & Fruit Juice	Cheesy bean pie & mixed veg	Fruit salad & ice cream	Cheese & ham wraps & Yoghurts	Apples & orange
FRIDAY	Toast, Cereal & Fruit Juice	Meat balls & pasta & garlic bread	Apple sponge & custard	Sardine & ham sandwiches & gingerbread men	Cherry tomatoes & banana